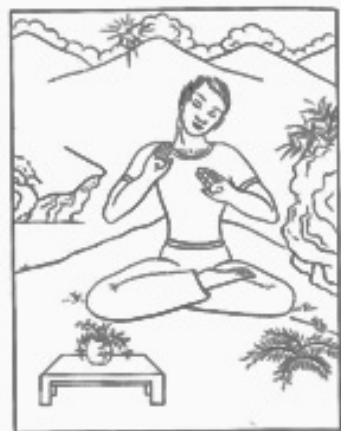


# YOGIS & YOGINIS WORKSHOP

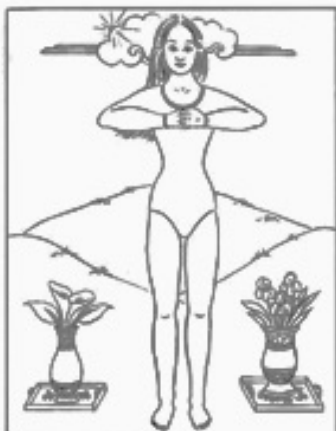
## Touching “Kum Nye”:

An Introduction to Tibetan Yoga and Massage techniques

w/ Liza Weber



Exercise 37: Balancing the Senses



Exercise 48: Enjoying Space



Exercise 44: Touching the Senses



Exercise 22: Flying

**Saturday, May 25 from 2:30 to 5:00 PM**

**Cost: \$50**