



YOGIS & YOGINIS WORKSHOP

Yoga and Qigong: The Dance of Heaven and Earth

When the body flows like running water, it is always renewed, always fresh. This is true freedom.



Saturday, October 26 from 2:30 to 5:00 PM

Cost: In-Studio \$60 - \$65 day of

432 6th Avenue, corner of 9th Street – Park Slope

IG @yogisyoginis

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